

LC Home Economics H Course 1

- Focus on Q1 & Q2 on LC Course.
- Nutrients & Diet Related Diseases.

LC Home Economics H Course 2

- Focus on Q3 on LC Course.
- Microbiology.
- Food Spoilage & Preservation.
- Food Safety & Hygiene.
- Food Processing & Preservation.
- Food Labelling & Packaging.
- Sensory Analysis.

LC Home Economics H Course 3

- Focus on Q4 & Q5 on LC Course.
- Q4: Family Resource Management.
- Q5: Social Studies.