

6th Home Ec (H) Course 1

Focus on Long Q1, Q2 & Core Elective.

- Nutrients.
- Food Commodities.
- Processing & Packaging.

6th Home Ec (H) Course 2

Focus on Long Q3, Q4 & Core Elective.

- Microbiology.
- Food Spoilage & Preservation.
- Food Safety & Hygiene.
- Technology in the Home.
- Finance & Housing.